



SSL Gold Cup Team Selection Regulations (the “Regulations”)

Definitions

Athlete means any person meeting the eligibility requirements who has been appointed to a Squad.

Board means the SSL Team Selection Board.

Captain means a person meeting the eligibility requirements who is appointed by the Board as the representative of a Country that intends to compete in the Event. The Board encourages engagement with the applicable World Sailing Member National Authority in appointment of a Captain. The Captain is responsible for taking all actions regarding appointment of the represented Country’s Athletes under the terms of these Regulations. A Captain is an Athlete who may or may not be a member of a Team.

Country means any nation, country or territory with a World Sailing Member National Authority Country Code.

Event means the SSL Gold Cup 2026, including any associated regional series, qualifying series and a final series. Adoption of these regulations shall be specified in the applicable event’s Notice of Race.

Registration means satisfactory completion by an Athlete, at the commencement of a Round, of the administrative and weighing requirements of the race office including, but not limited to, meeting the eligibility requirements of these Regulations.

Round means a knock out competition in an Event. An Event may consist of multiple Rounds.

Squad means a group of between ten (10) and twenty-five (25) Athletes who are eligible to be selected for a Team. For Events with multiple Rounds, a Squad must contain a minimum of sixteen (16) Athletes.

Team means a group of up to ten Athletes selected by a Captain from a Squad to represent a Country in a Round.

1. Effective Date

- (a) These Regulations become effective on July 18, 2026 (the "Effective Date") and supersede all prior SSL Gold Cup Team Selection Regulations.
- (b) Appointment of the Captain for a Country shall be made by the Board prior to publication of the Notice of Race for the first Event in which that country will compete. Nothing in these Regulations shall restrict or prevent resignation or discharge of a Captain and appointment of a replacement Captain by the Board at any time.
- (c) All Athletes in a Squad on the Effective Date, shall remain members of that Squad.

2. Composition of Squad

- (a) A minimum of ten (10) names in a Squad shall be named by a Country's Captain no later than the end of the calendar month in which the Notice of Race is published for the first Event in which that Country will compete.
- (b) A Captain may freely make additions and/or changes to the composition of a Squad at any time prior to the date specified in the Notice of Race of an Event for which a Team must be named.
- (c) All notification regarding composition and selection of Athletes in a Squad shall be made via email to TeamSelection@starsailors.com and include documentary support to evidence eligibility.

3. Teams

- (a) A Team shall be named from among the Athletes in a Squad by no later than the date shown in the Notice of Race for the Round of an Event to which the Team will apply.
- (b) The Athletes in a Team must include a minimum of two (2) men and two (2) women. Where applicable, the World Sailing Transgender Eligibility Policy shall apply.
- (c) A Team shall include at least three (3) members that were selected from the SSL Global Ranking, at least two (2) of whom shall be from the applicable SSL Skipper Global Ranking. Of the ranked Team members:
 - i. one shall be within the top five (5) of their applicable ranking;
 - ii. one shall be within the top ten (10) of their applicable ranking; and
 - iii. one shall be within the top twenty (20) of their applicable ranking.

The most recently published SSL Global Ranking at the time of submission of an Athlete as a member of a Squad shall be used. Ranking eligibility shall be retained for a period of six (6) months from the date of submission.

- (d) At any time, a Captain may make application to the Board in writing for one or more clarifications or exceptions to the requirements of 3(a), 3(b) and 3(c), above, in any case where:
- i. documentary evidence shows that the ranking requirements could not be met; or
 - ii. a force majeure event leads to circumstances where a Team member is unable to attend to register in a Round; or
 - iii. a decision with respect to eligibility is required.

Decisions of the Board shall be communicated in writing and shall be final.

- (e) Members of a Team cannot be changed during a Round.
- (f) The name and contact details of a Team member who will act as the Team's representative during a Round, which may or may not be the Captain, shall be provided at Registration.
- (g) Athletes must be weighed in their official Team shirt and shorts at Registration and have their official weight for the Round recorded.
- (h) Whilst racing, the number of persons onboard shall be no less than eight (8) and no more than ten (10), which must include at least one (1) man and one (1) woman. The combined, officially recorded weight of the persons onboard in any race of an Event must not exceed a total of 730 Kg.

4. Eligibility

- (a) A Team member shall be at least eighteen (18) years of age at the date of Registration for the Event in which they are registering.
- (b) World Sailing eligibility code, regulations 19.8 to 19.18 do not apply.
- (c) A Team member shall be a national of the Country they represent.
- (d) An Athlete who is a national of two or more Countries at the same time may elect to represent any one of them. However, after representing one Country in an Event an Athlete may not normally represent another Country in subsequent Events.
- (e) Any matter with respect to eligibility to participate may be presented by a Captain, in writing, for consideration by the Board who are empowered to decide matters in their unfettered discretion.

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